



# Sugarloaf Ski Club

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September 2004

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## Homecoming 2004 at Sugarloaf/USA Join in on Ski Club Activities October 9, 10 and 11

### Special Rates for Ski Club Members

Play 18 holes on the spectacular Sugarloaf Golf Course  
\$50 per person includes greens fees and cart (special rate Oct 9 and 10)  
Call the Pro Shop at 237-6806 to sign up and get tee times  
Members-only rate; must bring membership card

### Ski Club Reception and Pig Roast Supper Saturday 4-6 pm at the Outdoor Center

A "homecoming welcome" gathering open to all; hors d'oeuvres and refreshments 4-5 pm  
Big old-fashioned country-style pig roast supper at 5 pm  
Menu includes roast pork, salads, rolls, soda, dessert  
Tickets \$10 for members, \$12 non-members (under age 6 free)  
Tickets are limited and will be sold at the Ski Club booth in the base lodge.  
If any remain, they will be sold at the door.

### Used Ski and Kayak Sale at Happy Tunes Ski Service Center Saturday 10-6 and Sunday 10-3

Support the Ski Club Youth Outreach Program. Drop off equipment Friday 3-8 pm and Sat.  
8-10 am at Happy Tunes, next to Tufolio's. Phone 235-TUNE.

### Historical Display and Ski Club Information Saturday 9-4 and Sunday from 9-3, First Floor of the Base Lodge

Memorabilia of early Sugarloaf. Bring your friends to join.  
Pick up some Ski Club logo items!

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**PRIZE DRAWINGS AT HOMECOMING PIG ROAST !!!**

Did you send your membership dues directly to the Ski Club by 15 September??? If you did, you will be included in a prize drawing which will take place Homecoming weekend. The drawing will take place at the Outdoor Center during the Ski Club reception and Pig Roast festivities. We hope this shows the appreciation of the Ski Club for those early dues!! Jack Weir has always arranged a spectacular array of prizes. Services and gift certificates from local shops, restaurants, SMC and other businesses are among the items which will be included.

**OUR LOYAL ADVERTISERS**

Thanks again to our loyal advertisers for supporting our Ski Club in each issue during the season. The fees which they pay help us to print and mail this newsletter. Their continuing support is much appreciated. Please thank them and patronize their businesses.

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**Space is Limited**

## ***THIS SEASON AT THE SUGARLOAF OUTDOOR CENTER !!***

The Sugarloaf Outdoor Center is preparing for another exciting season with opening day scheduled for November 27.

Season passes are still available and taxpayers may still enjoy reduced rates. Property owner fees for 2004/2005 are \$175/ adult and \$125/ JR (6-12) and SR (60+). As in past years, season pass holders may enjoy New England's longest ski season and unlimited skating on the outside rink.


A full calendar of events and programs is scheduled for 2004/ 2005. Guided snowshoe tours, family skating parties, and our popular Junior and Adult Hockey programs will be held weekly from late December through mid March. Highlighting the event calendar this season is the first annual Banknorth Sugarloaf Ski Marathon, a 50 Km/ 25 Km freestyle race and tour for skiers of all abilities, the second race in the prestigious New England Marathon Series. A variety of volunteer opportunities are available to ski club members and their friends at all events. Benefits include one alpine lift ticket voucher for each full day worked. For more information on volunteering opportunities or to sign up for an event, please contact Sue Foster at 237-6830.

Hours of operation will be 9:00 am to 8:00 pm Tuesday through Saturday and holiday weeks (rink conditions permitting), and 9:00 am to 5:00 pm Sunday and Monday.

### **2004/2005 Winter Events Sugarloaf Outdoor Center**

11-27-04	Open for the Season
12-11-04	Maine High School Opener
02-12-05	Banknorth Sugarloaf Ski Marathon 50Km/ 25Km Freestyle Race and Tour
03-04-05	Banknorth Eastern J2 Championships Weekend
03-12-05	6 <sup>th</sup> Annual Sugarloaf Inferno Nordic Downhill Derby
03-13-05	5 <sup>th</sup> Annual Leprechaun Loppet Combi Pursuit
04-03-05	Close for the Season





**THE PLACE TO BE ANYTIME...DAY OR NIGHT**

**Lunch:** featuring Pizza, Salads, Sandwiches  
**Leisurely Dinner:** featuring Pasta,  
 Seafood, Steaks & Pizza

Join us in our Smoke-Free Greenhouse  
 Overlooking the Slopes

**237-2192**

**Open Daily for Lunch & Dinner**  
**Use your Ski Club Discount**

## Who Are Those CVA Kids

You see them climbing off the CVA buses in the Sugarloaf parking lot as they take to the mountain to train carrying their skis and snowboards. As they unload you may ask: "Where do they come from? How many student-athletes attend CVA? When do they find time to study? Wouldn't it be fun to ski or ride everyday?" Here are answers to those and other questions:

### How many CVA student-athletes are there?

A total of 115 student-athletes are enrolled for the 2004-2005 school year. Ninety-two of these student-athletes attend CVA for the full school year and the balance of the kids are enrolled for seven or five months. Eighty student-athletes live in the dormitories and 35 are day student-athletes living with their parents in the local area of Carrabassett Valley.

### Where do they come from?

Fifteen of CVA's student-athletes live in Carrabassett Valley, another 30 come from other parts of Maine and 24 live in other New England states. The remaining student-athletes come from Pennsylvania, North Carolina, New York, New Jersey, Virginia and Minnesota. CVA also has student-athletes from Canada, Germany and Japan.

### What grades are they in?

Currently there are 10 eighth graders, 30 freshman, 16 sophomores, 23 juniors, 35 seniors and 1 post-graduate.

### How many snowboarders, skiers?

This year 12 CVA student-athletes are part of the ALPS program, 37 are alpine racers, 40 are freestyle and 27 snowboard.

### Are they all privileged kids?

All CVA student-athletes are privileged in that they are able to attend CVA either by their own accord or with assistance from financial aid. This year 33% of CVA student-athletes received financial aid. CVA depends on fundraising efforts each year for the money awarded in financial aid. Events, such as the CVA/Sugarloaf Golf Classic, Big Raffle Silent & Live Auction and the CVA Triathlon, as well as the Annual Fund, are the primary sources of these funds.

### What's ALPS?

ALPS combines the college-preparatory academics of CVA with teaching of outdoor skills critical to big mountain skiing and riding on the mountains of Maine and regions around the globe. Bi-annual destinations have included France, New Zealand, and Chile for one-month periods of travel, which enables total cultural immersion. The ALPS program uses physical and educational expeditions to tap the potential of student-athletes. Student-athletes develop as leaders who are skilled in communication, problem solving, and teamwork. ALPS student-athletes acquire self-confidence and deepen their sense of responsibility. Their personal limits are discovered and surpassed. ALPS student-athletes become outdoor explorers, critical thinkers, and seasoned leaders.

### How did CVA Begin?

CVA began in 1969 in the basement of the Richard Bell Chapel with a handful of student-athletes as the Sugarloaf Regional Ski Educational Foundation (SRSEF) to help racers and freestylers sharpen their skills for competitive skiing. The success of SRSEF's tutorial program sparked a vision for establishing a ski academy at Sugarloaf in order to allow young athletes to stay in the Western Mountains of Maine rather than attend ski academies out of state. In the winter of 1982-1983, spurred by visionary H. King Cummings and other enthusiastic pioneers, CVA opened its doors for the first time as a five-month, winter-term tutorial program. CVA's charge was to develop a school for student-athletes based on the Greek ideal of developing equally the body, mind, and spirit. With its initial 15 student-athletes, the program was designed to provide young athletes with a high quality college-preparatory academic program while allowing for and emphasizing time on the mountain. The following year CVA relocated to the former Capricorn Lodge, where it remains housed today, as a full-time ski academy and college preparatory program.

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### When do they study?

During the ski season CVA student-athletes attend their morning classes five days a week from 7:30 to 9:30, from 10:00 to 2:00 they ski, and then have afternoon classes from 3:30 to 5:30. After dinner there is a two-hour study hall. In the fall and spring terms classes are held six days a week. Mondays are a full academic day for CVA student-athletes, there are no athletics and they attend all seven classes.

### What colleges do CVA student-athletes attend?

The success of CVA's rigorous college preparatory program has earned CVA student-athletes acceptance into the finest colleges. A sample of some of the schools include: Bates, Bowdoin, Colby, University of Maine, Williams, Middlebury, Clarkson, Boston College, Boston University, Dartmouth, Stanford, MIT, University of New Hampshire, University of Vermont, Colorado College, St. Lawrence University, Hamilton, Union, and Brown University.

### Learn More.

Visit CVA at the base of the mountain

Check out CVA at [www.goCVA.com](http://www.goCVA.com)

The article above, on pages 4-5, was provided by Rick Bisson, Communications Coordinator at CVA.



## HAPPY TUNES !!



### HOMECOMING ANNUAL SKI AND KAYAK SALE

Consignment drop off Fri 3-8, Sat 8-10  
Pick-up Sunday 3-6, Monday 10-3  
Ski consignment proceeds benefit Ski Club Youth programs  
More junior equipment needed!  
Used whitewater playboats and expedition ocean kayaks

## Ski Service Center

### HOMECOMING WEEKEND

Oct 9: 10 am to 6 pm  
Oct 10 and 11: 10 am to 3 pm

### RACING GEAR PROGRAM FROM HAPPY TUNES:

Skis, Boots, Bindings, Poles, Tuning Supplies  
Savings for Sugarloaf Ski Club or USSA Members

Recreational junior lease program and Telemark packages

VALLEY CROSSING, NEXT TO TUFULIO'S RESTAURANT  
RT 27, 7 MILES SOUTH OF ACCESS ROAD CALL 235-TUNE (235-8863)

## The Competition Center, the Ski Club, and Volunteers

Competitions have been a part of the Sugarloaf Ski Club since its beginning, and the Ski Club has always supported those events by volunteering time and expertise. Because of your support, the Competition Center is able to stage those events and keep the cost of the events down.

As usual, you can earn vouchers that are good for a day of skiing or put your vouchers toward next year's season pass if you have earned a minimum number. The schedule of events will be coming out shortly and you will be able to sign up for competitions which interest you.

Please call Laurel Lashar at the Comp Center (237-6896) She will be at the Competition Center/SCVA desk in the Base Lodge during Homecoming Weekend to answer any questions.

Look for the annual preseason cocktail party at the Competition Center. We look forward to seeing all of you there, and many times this winter. Let's get a good turnout of parents this season; it is important to you and to your children to support the competitions.

## Early Photos of the 'Loaf

Early in April, 2004 Frank Lamleen, a gentleman from Massachusetts, came into the Ski Club Office and told Lev Steeves about being a "Sugarloafer Since 1970" and he dropped off four photographs taken in 1970 during spring skiing. One showed Mr. Lamleen hanging off a gondola, one showed the trails looking up the hill from the base area, one was the lodge as of 1970, and one was taken looking up the hill from the access road. Lamleen is from Cape Cod and has taught skiing for many years at Ward Hill, Blue Hills, and Mt. Wachusett. He and several friends have been coming to Sugarloaf for spring skiing every year since 1970, or even earlier in some cases.

Feel free to stop in at the Ski Club office and look at these photos. Remember we also have a number of albums which may be perused. Just drop in! Actually some of you older members may be able to identify people in these photos, adding to their value!

## What did Ski Club Members Do in Carrabassett Valley this Summer ??

Most of our Ski Club members do not live in Carrabassett Valley year-round. However, many are property owners with a ready-made place to stay for a summer visit. Others may choose the Hotel or other lodging in the area. Some come for a round or two of golf, some for mountain biking (John Poirier even raced in the Carrabassett Valley Cycle Challenge), or hiking one of the many available trails in the area. There is fishing both at Flagstaff and in area streams.

Parents have brought children up for a week or two at the wonderful Carrabassett Valley camp which is held every summer. In some cases, grandparents have done the honors!

Occasionally, just a get-away is nice!

Fall is here.....  
Enjoy !!!



**DISCOUNT PROGRAM  
FOR SSC MEMBERS**

Numerous area businesses offer discounts to SSC members each season. A complete listing for the season, with details of amounts and restrictions, will be available in the November newsletter. The following have offered discounts in the past.

**Sugarloaf Mountain Area**

The Bag and Kettle, D'Ellies, Gepetto's, Gold Smith Gallery, Hug's Italian Cuisine, Java Joe's, Mountain Images, the Sugarloaf Ski Shop and its associated shops including the Ride On! Shop and Tiger Tee's, Sugarloaf Sports and Fitness, and the Seasons Restaurant

**Stratton Area**

Mainely Yours, White Wolf Restaurant

**Carrabassett Valley and Kingfield Areas**

Julia's at Winter's Inn, Nostalgia Tavern, Scent-sations, Sugarloaf Sports Outlet, Tufolio's

**Other Spots in Maine**

Hilltop Ski and Bike in Winthrop, Kentucky Fried Chicken and Taco Bell in Farmington, and some McDonald's

**MEMBERS : Stop at the booth during Homecoming and get some new Sugarloaf Ski Club merchandise !!**

We have lots of nice Sugarloaf Mountain Ski Club logo items for sale. They are a great way of identifying yourself as a Sugarloaf regular.

We have the new windbloc fleece hats, sweatshirts, t-shirts, baseball hats, aprons which are super for tuning skis or having a barbecue, and those wonderful heavy denim shirts. All have the club logo. Or get another club logo sticker!



**DID YOU RENEW ?**

Sugarloaf Ski Club Membership Form: 2004/2005

Name \_\_\_\_\_ Home phone \_\_\_\_\_

Mailing Address \_\_\_\_\_ S'loaf phone \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_

Type of Membership

Please list each family member:

Family \$50 \_\_\_\_\_

Spouse \_\_\_\_\_

Couple \$40 \_\_\_\_\_

Children \_\_\_\_\_

Single \$25 \_\_\_\_\_

\_\_\_\_\_

*THE SKIERS CHOICE!*

# HILLTOP

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### CONTACTS

Ski Club Office at the Competition Center  
Bonnie Stagers, Administrator  
207-237-6955  
207-237-3026 (FAX)-winter only  
sugski@tdsteime.net (EMAIL)

Lev Steeves, President	235-2183
Bruce Miles, Vice-Pres	235-2495
Nancy Holliday, Sec	235-3446
Philip Hunter, Treasurer	246-6181
Mary Jean Doyle, Membership	246-3283

Sugarloaf Ski Club  
Village West #13  
Carrabassett Valley ME 04947

HOMEcoming soon !! BE HERE FOR THE FUN !