



Sugarloaf Mountain Ski Club

NEWS

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What's Inside

- 2 • Ski Club Calendar of Events
 - Snowball 2012
 - Spaghetti Skate
- 3 • Skyline opens
- 4 • SMSC Competition Volunteers
- 5 • Scholarship news
- 6 • On Snow w/Autism
- 7 • Trash Taking
- 8 • Ski Museum News
- 9 • Huts & Trails news
- 10 • Ski Shop Check up
- 12 • Teaching Skiers
- 14 • CVA news

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 Newsletter Chairman - Peter Smith

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 John Thompson, Joyce Tobias,
 and Joe Tutlis
 Jim McCormack - SMC
 Eric Chamberlin - CVA

Club Administrator:

Catherine Nodine

Ski Club Members:

App. 1,300

Message from the SMSC President

Even though the season got off to a slow start, excitement grew as the new Skyline Chair opening on December 17 coincided with a very steep drop in temperature. While most people complain about cold weather, Sugarloafers welcomed the near zero temps that finally arrived on that Saturday evening. Heavy duty snowmaking kicked into action and the competition season started Dec 19 with Eastern Cup Races on Narrow Gauge.

Your Ski Club board has been hard at work with social event planning and awarding of scholarships to our young skiers and riders. This should be a great year. We are bringing back the Tony Boffa Band for our Snowball on March 31st and we are having a sure-to-be fun beer tasting event on February 11 at the Sugarloaf Golf Course Clubhouse.

This will be our third year of giving financial assistance to the SAD 58 Ski and Skate program. This very worthwhile program puts young children from Strong, Kingfield, Carrabassett, Philips and Stratton on skis, boards, snowshoes, ice skates and cross country skis throughout the winter. It gives them an opportunity to experience being outdoors on the mountain we love so much. The money is made available through a fund we established in the memory of G. Norton Luce, a long time Sugarloaf and former President of our club. If you would like to donate to this fund, please contact me at Sugarloafskiclub@roadrunner.com.

Together we can make a difference in a young person's life.

Two ski club members, Jim Wilson and Kim Kearing have taken on the task of coaching the Middle School competition program this year. You will see them on the hill many Sundays with these kids. I hope you enjoyed our letter from Doc Des Roches from 1954. Your ski club has been making positive impressions for over 60 years now and will continue to do so with your help.

I hope you all had a great Christmas vacation week and that a great New Year unfolds for you. Talk up your ski club and its accomplishments to your fellow Sugarloafers. We are able to do what we do because of our membership and more are always welcome.

See you on the hill,
 Bruce ❄️



Volunteer Al Cole passes Bib to CVA Alum and Colby student Craig Marshall for the first ski race of the season.

Don't Forget to Like Us On Facebook.

2012 Event Calendar!

For more information on these events and to view our complete calendar of events, check out our web site: www.sugarloafskiclub.org

January 10

Mid Week Social • 4:30-6 PM • Gepetto's

January 14

Fish Tales and Cocktails Fundraiser
5PM • Sugarloaf Mountain Hotel

January 21

Annual Ski Club Meeting

5:30 PM • Sugarloaf Golf Clubhouse • Tickets required-get them at the Ski Club office

January 28

Sugarloaf Charity Summit

For more info go to www.sugarloaf.com/charity

February 14

Mid Week Social

4:30 - 6 PM • Shipyard Brewhaus

February 11

Beer Tasting

5:30 PM • Sugarloaf Golf Clubhouse • Tickets available on line or at Ski Club office • \$25

February 21

Spaghetti & Skating

Great family fun!

5:00 PM • Outdoor Center • \$5 per person or \$15 for family

March 2-3

Karl's Kid Ski Weekend at Sugarloaf

A family fun ski race and silent auction to raise money for underprivileged kids who like to ski. FMI Mike Hall 207-832-5541

March 3

3rd Annual Maine Handicapped Skiing
Sugarloaf Social

5-9 pm • Sugarloaf Golf Course Club House
FMI www.skimhs.org

Tony Boffa Returns!

The 17th Annual Snowball dinner and dance will feature Maine's top rated dance band, the Tony Boffa Band, on Saturday March 31st.

The social hour will begin at 6:00 pm. Enjoy historical displays, a delicious four-course dinner and dancing until midnight. It all happens in the King Pine Room at the Base Lodge.

As always, the Snowball benefits the Sugarloaf Ski club scholarship program and promises a great evening of entertainment.



Peter & Judy Weston, Nancy & Don Fowler enjoying the music at last year's Snowball.

Make plans with your friends to reserve a table! Tickets are \$60 each and can be bought online at www.sugarloafskiclub.org. Call the club office at 207-237-6955 for more information or e-mail us at sugarloafskiclub@roadrunner.com *



Spaghetti Skate Party!

The Ski Club will be hosting the 2nd Annual Spaghetti and Skating Party at the Outdoor Center on Tuesday, February 21st at 5pm. This is a great family fun night during February vacation. Chefs John Thompson and Eric Chamberlin will be serving up a delicious meal that can't be missed. After dinner, skating will be available at the outdoor rink.

There is a \$5.00 charge per person, or \$15 /family. Rental skates will be available. *

Yes, I would like to be a member of the Sugarloaf Mountain Ski Club!



Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Email: _____

Individual \$25 Couple \$40 Family \$50 This is a renewal. I've been a member since: _____

Please make checks out to: Sugarloaf Mountain Ski Club, • Village West #13 • Carrabassett Valley, Maine 04947

Skyline up and running

With lots of fanfare

On December 17, 2012, at noon, over 150 Sugarloafers gathered for the long anticipated opening of our new Doppelmayr four-passenger chairlift. Many people arrived two hours early to be first in line for the commemorative tee shirts. Steve Kircher and John Diller said a few words and then the ribbon was cut. The first chair carried four very generous Sugarloafers who bought their seats through auctions from four local charities. Sugarloaf Mountain General Manager John Diller once again displayed Sugarloaf's generosity bing



Rick Hocking, head of lift maintenance, proudly enjoys the moment

giving this fundraising opportunity to Carrabassett Valley Academy, Sugarloaf Regional Ski Educational Foundation, Western Maine Center for Children and The 2012 Sugarloaf Charity Summit. The seats were bought by Meredith Strang Burgess and her husband Doug Stewart, Molly Ritzo (her brother-in-law Chad Coleman rode in her seat) and Christine Proulx. All Sugarloafers to the core. ✨

Christine Proulx, Meredith Strang Burgess, Chad Coleman and Doug Stewart



New this year: Beer Tasting!

We are shaking things up! Instead of a wine tasting this year we are going to have a beer tasting. Geary's will be the highlighted brand and we will be trying some of their crafted beers and ales. It should be an informative evening with a variety of different hors d'oeuvres, including sausage and pretzels and of course, good beer cheese. (And yes, baked brie does go well with beer...) So mark your calendar for the Sugarloaf Ski Club's First Ever Beer Tasting on Saturday, February 11th, from 5:00 to 7:00 pm at the Sugarloaf Golf Course Club House. Tickets are required because space is limited. You can buy them on line at our web site: www.sugarloafski-club.com or at the office (upstairs in the Competition Center) for \$25 per person. Office hours are weekends between 11am-1pm. Come join the fun! ✨

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Volunteers at last year's CAN AM.

Competition and Volunteers

The Competition Center Staff would like to pass on some information about two events that are coming up in March. The J3 Olympics will be held starting March 15th and finishing March 19th while the CAN AM will be held from March 30th to April 1st.

The J3 Olympics will consist of two days of SuperG, a men's Giant Slalom, a ladies Giant Slalom and a Slalom for both genders. The best thirteen and fourteen year old ski racers from the east will be here to compete and we expect to see some great skiing. With athletes of this age we can expect to see a good many parents along



Bob Waddle, SMSC President '75-77
volunteering on the course.

to cheer on the young competitors. If you are on the Mountain and want to see some future champions come over to Narrow Gauge and have a look.

The CAN AM is a competition for J4 girls and boys (eleven and twelve year olds) from North Eastern United States and Eastern Canada. The athletes will race on Friday March 30th, have a Skills Competition on Saturday and race Again on Sunday April 1st. Almost all the parents accompany these young competitors and it will be an exciting three days for them. There is usually a BBQ at lunch on Saturday and everyone is in a festive mood.

We hope many of you will take in part in all or some of these two events. *

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Mid-week Socials

Here are the dates and locations for the Midweek Socials - always the second Tuesday of the month and always a very good time - from 4:30 - 6pm; free food and cash bar; for Ski Club members:

- January 10 - Gepetto's
- February 14 - Shipyard Brewhaus
- March 13 - Double Diamond at the Hotel
- April 10 - The Rack

We hope to see you there! ✨



Peter Smith, the Clarks and Lev Stevens at a social last year.

Scholarship Committee

By Ginny Bousam

The Scholarship Committees (Ski Club and SRSEF) examined dozens and dozens of applications for grants in November. Committee members thank all families for having the paperwork completed and submitted on time in spite of the earlier-than-ever deadline date. While reading the applicants' letters and the letters of reference, everyone was impressed by the common thread indicating the fine character of these young people. Ranging in age from Kindergarten through Post-Graduate with wide-spread goals of "learning more" to "making the Olympics," it is readily evident that they are all motivated and serious about their sports – even the "having fun" part!

Quotes from some students' letters: "...challenge my abilities" "test my skill level" "become a pro snowboarder like Seth Wescott" "ski my best" "help pay the cost" "goal of making the U.S. Team" and "love to go skiing" are all good indications of hard-working, focused, sincere athletes with a passion for what they do. Comments from the letters of recommendation about these youngsters are equally impressive: "extremely motivated" "high expectations" "very responsible" "positive attitude" "dedicated" "kind and caring" "determined to achieve personal best" "manage time and priorities" and "respectful." These comments are just a few examples of how folks describe these local athletes and are a testimony to the caliber of the young boys and girls participating in the various snowsport programs at Sugarloaf.

While skiing is a recreational activity enjoyed by all ages, clearly it also builds life-long skills for young people involved in the sport. More than 50 scholarships were awarded this fall. With the combined funds of the Ski Club, SRSEF, and the Town of Carrabassett Valley totaling over \$20,000, it is gratifying to see the value of such an investment here in our local area. ✨

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Collaboration Offers Snowsport Lessons To Skiers and Snowboarders With Autism

Spurwink Services has developed a support program for skiers with autism, which is being implemented in conjunction with Perfect Turn at Sugarloaf. This new program was developed through Spurwink's Spruce Point program, which specializes in a variety of services for individuals with autism.

"Spruce Point at Sugarloaf" will begin in January, and has been set up to support both adults and children with autism who are enrolled in ski lessons at Sugarloaf.

Autism is a neurological condition that affects one in 110 individuals, and the prevalence has nearly doubled in the last seven years. Individuals on the autism spectrum experience difficulties with communication, socialization, and often have a restricted repertoire of activities and interests.

Many people with autism experience motor difficulties as well. These can include balance and motor impairment, problems with moving joints, knowing where their bodies are in space, and difficulties with starting and stopping actions. Skiing and snow-

boarding are great ways to stimulate the body's motor system and provide much needed sensory input.

The goal of Spruce Point is to provide support for snowsports instructors as they help individuals with autism learn the skills required to ski or snowboard. These supported lessons will be available on Saturdays and Sundays through the Mountain Adventure program, which offers group lessons for children ages 7 through 14, or through Private lessons. Both group lessons and private lessons would be scheduled through Perfect Turn. Perfect Turn will discount the lesson rates for participants in the Spruce Point Program by 20%. There will be a \$25 per hour fee for the Spruce Point Specialist who participates in the lesson.

If you are interested in learning more about the program or in scheduling some time on the hill with a Spruce Point Specialist, call 866-348-1271 or e-mail smurphy@spurwink.org. Your needs will be assessed and an appropriate lesson can be set up with Sugarloaf's Perfect Turn Ski School. Lessons will be available on Saturdays and Sundays from January 7th through April 1, 2012. *

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Jim Harrison • CIC



Trash Talking

By Kimberly Truskowski

In an effort to capture as many materials as possible for recycling, the town of Carrabassett Valley is now accepting additional plastics to its' successful recycling program. Until recently, the only plastics accepted for recycling were #2. Now, plastics #3,

#4, #5, and #7 can be brought to the recycling centers throughout the community. The number of the plastic is typically located on the bottom of the container. No #1 or #6 plastic (mostly Styrofoam) are accepted, although many #1 plastics (water bottles) are being captured through our bottle bill and are being recycled. This is a wonderful addition to the program and helps to decrease the amount of material being sent away to a landfill.

The town is a member of Sandy River Recycling Association (SRRA), a 21 member town organization that collects and markets materials for rural communities in western Maine. SRRA collects recyclable materials that have already been sorted by the public and markets them to organizations that utilize their raw materials to create new products. When people take the time to sort their recyclables it saves valuable tax dollars. It also helps to ensure that the materials being placed in the recycling bins are ready to be sent to the market for their optimal value. It does take a little more effort, however the benefits of self sorting enhances the recycling process greatly.

This is an exciting addition to our program and we continue to look for ways to increase the amount and type of materials that can be put in a recycling bin instead of a trash barrel. If you have any questions, or need assistance with your recycling efforts, please call Kimberly Truskowski at 237-6907. Each person's effort really makes a difference!!!! *

sugarloafskiclub.org

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Ski Museum of Maine
Bruce Miles,
Executive Director

256 Main St
Kingfield, Maine

207-265-2023

Email:
info@skimuseumof
maine.org

Winter hours:
Mon-Thurs
8:00 AM - 5:00 PM

Fri-Sun
8:00 AM - 6:00 PM

This year's event will take place, as always, on the first Saturday of February Vacation week. The day will be packed with displays and events, auctions and socializing.

Schedule:
10:30am -3:30
Ski Museum of Maine Exhibit – Made in Maine at the Sugarloaf Base Lodge
Photos, memorabilia and historic equipment highlight Maine's influence in the manufacturing of skis and other winter sports equipment.

2:30pm
Vintage Ski & Clothing On-snow Expo on The

Landing above the Base Lodge
Guests are invited to dress in classic ski garb, display equipment of yesteryear and share stories.

3:00pm
Vintage Ski & Clothing Group Photo on the Landing above the Base Lodge. Be a part of history by appearing in this annual Maine skiing photo.

2:00 – 6:30pm
Auction, Reception and Historical displays in the Bigelow Room at the Sugarloaf Inn. A terrific fundraiser event for the Ski Museum of Maine.

Reception 4:00-6:30 pm
Silent Auction 2:00-5:30 pm
Live Auction 5:30 pm

Suggested Donation for the fundraiser is \$10. The event is open to the public.

The Ski Museum of Maine is a 501C3 Charitable organization. We exist to preserve Maine's very important role in the sport of skiing. The museum is located at 256 Main Street above the Sugarloaf Sports Outlet. We are open daily 9-5.

We are also open during Kingfield's very successful First Friday Night Art Walks. Check our website for updates, photos and other info.

www.skimuseumofmaine.org

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Huts & Trails News

As always, we've been hard at work adding new, exciting elements to our system. As soon as the snow arrives this will be an amazing winter. Here is a glimpse of what's in store for you this winter

14 miles of new trails – The fourth section of the Maine Hut Trail has been added for the winter of 2012. This new section of the Maine Hut Trail will run from directly in front of the Grand Falls Hut, eastward, following the length of the Dead River as it flows towards The Forks. The distance from Grand Falls Hut to the West Forks Trailhead is 14.2 miles. This is the longest section of trail that does not cross a road. It is also the most difficult trail to ski and is recommended for intermediate and advanced skiers only due to its length and percentage of grade. With this new section of trail, MH&T will be grooming 45 miles of trail.

New West Forks Trailhead – A new Trailhead parking area has been added in the West Forks, just off Route 201. This parking area is 1.6 miles north of Barry's Store in West Forks and is located on the west side of the road. Experienced skiers and hikers can access Grand Falls Hut from this lot, following a 14.2 mile journey along the Dead River.

New weekend Trailhead Shuttle – MH&T will be offering a weekend shuttle service to Trailhead parking areas. This will make planning your hut-to-hut excursion easier. A shuttle schedule will



available from Friday afternoon through Monday mornings and all week during the President's vacation week in February. Go to our website at www.mainehuts.org/plan-your-trip/mht-weekend-van-shuttle for rates and schedules.

New Halfway Yurt – A yurt was donated to us this year by Franklin County Health Network and has been erected at the halfway point between Poplar Stream Falls Hut and Flagstaff Hut. The 12' yurt features a small wood stove and is a great place to warm up and enjoy your trail lunch while doing a hut-to-hut excursion. It will also make for a great out-and-back option for overnight visitors at either Flagstaff or Poplar. The yurt is for day-use only and is not available for overnight lodging. *



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Mid-January Check-Up

John Byrne- Sugarloaf Ski Shop

Just after New Year's, and as the midpoint of the ski season is approaching, it is time to take stock of what I have accomplished so far this year, and what I want to do before it is over. How do I compare with my friends on the Sugarloaf Replay App? Was I in the first one hundred people to ride Skyline and how many times have I ridden it since? Are my skis performing at their best, and is their best good enough for what I want them to do? And what about the rest of my equipment, is it still functioning properly? Lots of questions, and with a little light soul searching, the answers aren't too hard to find.

The Sugarloaf Replay App is fun, and keeps some pretty interesting stats. As I write this, I am ranked 6th on the mountain for air-time, which, as anybody who has skied with me can attest to, is surprising. I am sure that I will fall in the rankings as our terrain parks start to open up. My speeds will probably never reach the top echelon of our skiers, because I prefer more moderate speeds. But given this, I do still like to see where I have been on the mountain and how many vertical feet I have skied today, and all season. This, I think, is the coolest part of the app, although it doesn't beat skiing with the many great friends I have on the mountain. I am looking forward to riding Skyline this weekend, and for years of weekends to come - not a lot more to say about this.

I am fortunate enough to have gotten new skis this season, after a couple of years of using the shop's demo fleet. I am very happy with my skis: they are 98mm under foot and I find that they hold

plenty fine for me on hard pack, scratchy, icy early season conditions, and I know they will be a lot of fun once we get some storms rolling through the mountains. I make sure that they are waxed regularly and the edges are sharp which, in turn, makes sure that I am maximizing the fun I have on the hill. My Swix sales rep describes his job as increasing people's grins per meter. I always like that and think that this is the best reason to keep your equipment tuned up.

The rest of my equipment is dedicated to increasing my grins per meter as well. I live by the theory that there is no bad weather, only bad clothing; and my closet is stocked with layers for skinning in, down for sub-zero days, and shells and lightweight layers for sunny spring days. All of this will ensure that I have the most fun I can have with the limited amount of time I am blessed with on the slopes. I got a new helmet this year because I can't be sure that one of the many falls I have taken, or branches that bounced off my head, hasn't compromised the integrity of the foam over the past couple of seasons. Also, the foams in helmets break down over time so replacing your lid every few years is a good idea anyway. And so on down the list... goggles, socks, mittens... check, check, and check.

I find that taking the time for reflection now greatly enhances the rest of my season by giving me a chance to maximize the good things I have going and change the things that need to be changed. This is one habit that I hope to pass on to the new boot fitter joining our family this winter. I invite you all to swing by the shop to compare notes about how your season has been and where you want to see it go, or just to say 'Hi, howyadoin?'. I hope that the New Year finds you and yours well, and that your grins per meter are always increasing. *

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FLASH BACK

Ski Hall of Fame member, Doc Des Roches, father of Sugarloaf's current Competition Secretary, Laurel Lashar

Doc Des Roches
LAUREL, MT. SKI SCHOOL
10000 STATE ST.
LAUREL, ME.

April 4, 1954

Sugarloaf Mountain Ski Club
Box 4000
60 Central Avenue
Bath, Maine

Dear West

You and the Sugarloaf Mountain Ski Club are to be congratulated on the fine Giant Slalom of April 4, 1954. It was a pleasure to participate in this fine race and I enjoyed your course immensely.

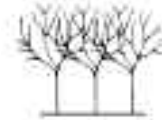
I was very much impressed by your Mountain and I think your trail is one of the finest in the East. It's kicking myself for not spending more time in your area, you are to be commended on the job you have constructed to make this area available to the public.

If your club is open to general membership please send me an application blank.

Sincerely yours,

Doc Des Roches
Doc Des Roches

cc to Secretary of Sugarloaf Mountain Ski Club.



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Best In The World vs. Best For The World

By Tom Butler

I have been thinking a lot of Tim Terry recently. Tim, a former ski club member and husband to one of our long time Perfect Turn coaches Natalie Terry, passed away just prior to Thanksgiving. His memorial service was just last week and even though it was located in Waterville, you could have sworn it was at the Dick Bell Chapel for all the Sugarloafers who attended.

Memorial services are peculiar events; a feeling of deep sorrow for the family is usually followed by some great laughter as the healing process begins. Some of my most lucid thinking actually occurs at funerals and memorials because at the end of the day, at the end of a life, all that really matters is your family and those you've had the good fortune to help along the way. The service is their opportunity to reflect and tell the story about how you helped. It's wonderful to hear the stories and laughs as others recall how you lived your life and know that the stories are fueled by love and inspiration. In all honesty, I actually prefer funerals to weddings because of the clarity the event provides to our lives. Weddings are wonderful, to be sure. One cannot be anything but happy at the thought of a life together with someone whom you love. A memorial service is more than just the thought of love though; it is love. It's that powerful feeling when you walk into the church that the person we are there to remember was special, did some magnificent things, and loved as hard as they lived.

Tim's service was like that. What became immediately apparent was that he wasn't necessarily the best in the world, but was the best for the world; the best for his family and neighbors and colleagues and his church. It was the little gestures that were remembered, the friendly word, helping someone to start a car or assisting with a homework assignment. The sum of all of these little gestures totaled up to a well-lived life, one that's worthy of hearty laughs and bone shaking sobs. In the end though, Tim didn't cure the disease that afflicted him or invent something big like the Internet. What he did was more powerful; he showed those he knew the way to live and love.

Teaching is an act of love. We could teach sailing or math, cooking or how to tie shoelaces; it is rooted in love. As I stand before our clients in Perfect Turn clinics this season, I often think about the impact that we are having on their lives. Who knows the effect we will have, or what chain reaction we will set in motion. A one- hour private clinic or a season long Bubblecuffer group could be the defining moment in that person's life. Perhaps that one guest interaction will prompt something that will lead to something else and down the line some serious headway will be made in medicine, or engineering, or philanthropy. We have no idea, which makes our time with our (Sugarloaf's), guests so precious. I often relate the story of Joe DiMaggio to my coaches. Joe played



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his hardest, risking injury even when it wasn't required, right to the last out of the baseball season. His belief was that "there may be some kid in the stands who never saw me play". Joltin' Joe set the bar insanely high for the rest of us, but to think about all the people we are lucky enough to work with, whether they are here for a FIS race, or are skiing with an S/CVA J-4 group, or are trying out skiing for the first time in Mountain Magic; all those people will be affected by our touch.

We're not curing cancer or solving the world debt crisis; what we do, what any teacher does is much more important than any of that. As teachers and coaches, we teach love every day on the hill; skiing and snowboarding just happen to be the vehicle for that love. When we teach, we are the best for the world.

Teaching, as we said is loving, and what could possibly be more important than that? Would you rather be the best in the world or best for the world? It's a simple choice really.

Happy New Year everyone and I look forward to seeing you on the hill. ✱



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CVA Preseason Training Trips

The CVA teams have returned from their annual pre-season training trips fully energized and prepared for the 2011-12 competition season.

Alpine

The men and women's alpine teams enjoyed great weather in Colorado. The teams did their free-skiing at Loveland and A Basin, and took advantage of some wide open trails at Copper for gate training.

Snowboard

The snowboard team also traveled to Keystone and Copper Mountains in Colorado. The team enjoyed both mountains' vast terrain parks and Copper's superpipe. They stayed at the base of Keystone and put in nightly sessions at Woodward at Copper's indoor training facility.

Big Mountain (ALPS)

The Big Mountain team ventured to Virginia and West Virginia for two weeks of wilderness survival and outdoor adventure training. The team made their own shelters; camped, hiked, rock climbed and learned/practiced many valuable skills. It was an enriching experience for all.

Freestyle

The Park and Pipe team traveled to Colorado for on-snow training and competing. The Mogul team trained on Apex Mountain in British Columbia, Canada where some of the team was preparing for selections to be held at Steamboat. *



CVA Junior, Henry Townsend during gate training at Copper Mountain



Freddy McCarthy at Keystone



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Former JCP (precursor to SCVA) kids, circa 1974



Front: Mike Sayward, Tom Ferrari • Back: Chris Murray, Jill Sickels, Kelly Reynolds, T H Reynolds

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